

MANUAL HANDLING TRAINING

Manual Handling Injuries (MHI) result in more lost time than any other type of injury (70% of all long-term Workcover claims are due to MHI.) Effective Manual Handling Training significantly reduces the risk of these injuries occurring. Kwinana Physiotherapy provides a wide variety of Manual Handling Training tailored to various occupations within Western Australia, in line with the National Standards relevant to your Industry.

FEATURES OF SERVICE

- Provides relevant information on the current best practice techniques for manual handling
- Job specific techniques provided in conjunction with essential general safety information
- Organisations policies and procedures may be reinforced and incorporated into training
- Theoretical and Practical assessment of manual handling tasks follows the course to ensure content is understood and implemented

SERVICE PROVIDERS AND DELIVERY

- Qualified Physiotherapists will deliver the service. All of our Physiotherapists possess a Bachelor of Science(Physiotherapy) and have experience in occupational health and on-site service delivery
- Service can be delivered on-site or at our offices in Kwinana

COURSE CONTENT

- Comprehensive manual handling training incorporating information ranging from legal requirements through to risk assessment and minimisation.
- Written information and CD's for future reference are provided
- Practical and theoretical assessments on learning outcomes are completed at the conclusion of the training
- Staff are encouraged to ask questions or clarify any issues throughout the training
- Recommendations on future training or any issues raised throughout training provided

BENEFITS OF MANUAL HANDLING TRAINING

MINIMISING THE RISK OF MHI AND THUS REDUCING LOST TIME DUE TO INJURY

IMPROVING OVERALL LEVELS OF SAFETY, KNOWLEDGE AND AWARENESS THROUGHOUT AN ORGANISATION

ASSISTS ORGANISATIONS IN COMPLYING WITH LEGISLATIVE REQUIREMENTS



**BAD LIFTING
TECHNIQUE**

**GOOD LIFTING
TECHNIQUE**

HOW TO IMPLEMENT THIS SERVICE

Contact Kwinana Physiotherapy on 9439 2333, or via email at corporate@kwinanaphysiotherapy.com.au